Bilingual Storytime

Monday, October 26
10:30 am
Bragtown Library
Literacy Center

Learn about Korean culture while enjoying stories in Korean and English with Ms. Soyoung. Then get busy with a cool craft!

Linked to Literacy

The Power of Books: Studies show that books in the home increase the chances of academic success. While as few as twenty books can help, 300 - 500 is better. Books don’t have to be costly, and it doesn’t matter if you have ebooks, paperbacks, hardbacks, or a combination. Just aim to fill your home with good books. Your little ones need to see and hear you reading. It’s also important to make the books accessible. If you’re not willing to invest in literature for your home then at least commit to make weekly visits to your neighborhood library.

Kindergarten Readiness

The old adage, “Out of sight, out of mind”, applies to many things, but please don’t make the mistake of applying this to your child’s neurological growth. Brain development begins in the womb, and research shows that the foundation for this development continues into the first three years of life. The following are excerpts from an article on the Urban Child Institute’s website, entitled, Baby’s Brain Begins Now.

1) The early stages of development are strongly affected by genetic factor; Genes provide a blueprint for the brain, but a child’s environment and experiences carry out the construction.

2) The fact that children are affected by their surroundings is too obvious to bear repeating. Child development specialists have produced decades of research showing that the environment of a child’s earliest years can have effects that last a lifetime.

3) Genes allow the brain to fine-tune itself according to the input it receives from the environment. A child’s senses report to the brain about her environment and experiences, and this input stimulates neural activity.

4) Speech sounds, for example, stimulate activity in language-related brain regions. If the amount of input increases (if more speech is heard) synapses between neurons in that area will be activated more often.


The Daycare Corner

Caregivers and Parental Jealousy

In the September 2015 issue of Carolina Parent, Shannon Crane, a caregiver and former nanny living in Chapel Hill wrote, “A strong bond often forms between caregivers and the children in their charge. If we remain unconnected and uncaring, we’re not the kind of help you really want. The problem arises, however, when you start to feel our relationship with your child is threatening to yours. Particularly for new mothers, it can be difficult watching us deftly remedy your baby’s crying or toddler’s tantrum. It’s natural to feel jealous. We understand.”

Crane states parents who feel this way are usually new moms or parents who don’t spend much time with their children. She says mothers should face their feelings and then share those feelings, and that the role of the caregiver is not to compete with parents, but to make their lives easier. The article concludes with simple ways caregivers can combat these negative feelings. To view the complete article, visit: <http://www.carolinaparent.com/CP/Communicating-Caregiver-Jealousy/>.

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Number and Letter of the Month

4

Activity of the Month

One activity that you can do with your child is baby yoga. This mom and baby combination will assist with proper carrying/handling of the baby, stretching, toning, and core strength.

Triangle Yoga in Chapel Hill and Patanjali's Place in Durham are two locations in the area where classes are taught and where you can meet other parents. Parental websites such as FitPregnancy.com also teaches you certain techniques that you can do at home.

Read and Watch

Book

Where Is Baby's Belly Button?
By Karen Katz

In this lovely beginners' board book, Ms. Katz plays the classic game of "peek a boo!" Each page provides colorful drawings of different babies and some of the baby's body parts are hidden. Through each page, the book asks the question, "Where are baby's....?" and the answer is found under the flap as you lift it. This is also a helpful tool to read as your child gets older to teach them all about the parts of the body and its location.

DVD

Brainy Baby. Laugh and Learn

This installment of the Brainy Baby DVD series can be viewed by children as early as 6 months. It begins with teaching baby about facial expressions, colors, shapes, sizes, and numbers. The animations in this series will capture your little one's attention and you may catch them smiling and enjoying the different tools that this video has to offer.

Source:
http://www.fitpregnancy.com/exercise/postnatal

Sight Words Starting With
The Letter H:
He, Him, Has, Have, how
SOURCE: http://www.suggestkeyword.com/bGV0dGVyIGho/letra-
h-madera-
h-h-
h-de

Parents Place

Question: How can I build a Family Library?

It doesn't have to be elaborate or expensive.

Fifteen Must-Have Books for Your Child's Home Library...

Tales of Peter Rabbit, by Beatrix Potter
The Napping House, by Jan Yolen
The Little Engine That Could, by Watty Piper

How should the library be?

Don't focus on the number of books, but variety instead. Be sure to keep in mind the special interests and preferences of each family member.

How should the collection be displayed?

The display should be set up in a manner in which it invites the family to dig in! The use of sturdy bookcases, built-in shelves and open magazine racks are excellent ways to display reading materials. Different colored crates are an alternative as well. For younger readers, be sure to put the reading materials on the lowest shelves.

What kinds of reading materials should I include?

There are many options to choose from. For example you can use paperback and hardcover books, a dictionary, an atlas, song books and magazines for kids and parents, newspapers and mail-order catalogs. When selecting materials, be sure to keep the ages and interests of family members in mind. Set suggestions from your family and make sure that there is something for everyone at every reading level.

A Shelf of One's Own.

Children love to have their own keepsakes. They may want a separate place from the family library to store their favorite books or the ones that have a special meaning or value to them.

Suggested Books and DVD Titles:

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