

Bilingual Storytime

Monday, October 26

10:30 am

**Bragtown Library
Literacy Center**

**Learn about Korean culture while
enjoying stories in Korean and
English with Ms. Soyoung.
Then get busy with a cool craft!**



Linked to Literacy

The Power of Books. Studies show that books in the home increase the chances of academic success. While as few as twenty books can help, 300 - 500 is better. Books don't have to be costly, and it doesn't matter if you have ebooks, paperbacks, hardbacks, or a combination. Just aim to fill your home with good books, Your little ones need to see and hear you reading. It's also important to make the books accessible. If you're not willing to invest in literature for your home then at least commit to make weekly visits to your neighborhood library .

Kindergarten Readiness



The old adage, "Out of sight, out of mind", applies to many things, but please don't make the mistake of applying this to your child's neurological growth. Brain development begins in the womb, and research shows that the foundation for this development continues into the first three years of life. The following are excerpts from an article on the Urban Child Institute's website, entitled, *Baby's Brain Begins Now*.

1)The early stages of development are strongly affected by genetic factor: Genes provide a blueprint for the brain, but a child's environment and experiences carry out the construction.

2)The fact that children are affected by their surroundings is too obvious to bear repeating. Child development specialists have produced decades of research showing that the environment of a child's earliest years can have effects that last a lifetime.

3) Genes allow the brain to fine-tune itself according to the input it receives from the environment. A child's senses report to the brain about her environment and experiences, and this input stimulates neural activity.

4) Speech sounds, for example, stimulate activity in language-related brain regions. If the amount of input increases (if more speech is heard) synapses between neurons in that area will be activated more often.

For the complete article, visit: < <http://www.urbanchildinstitute.org/why-0-3/baby-and-brain>>.

Fall 2015

a newsletter for adults interested in the edification of children ages zero to five.

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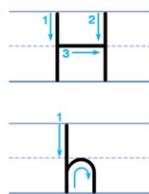
Caregivers and Parental Jealousy

In the September 2015 issue of Carolina Parent, Shannon Crane, a caregiver and former nanny living in Chapel Hill wrote, "A strong bond often forms between caregivers and the children in their charge...If we remain unconnected and uncaring, we're not the kind of help you really want. The problem arises, however, when you start to feel our relationship with your child is threatening to yours. Particularly for new mothers, it can be difficult watching us deftly remedy your baby's crying or toddler's outburst. It's natural to feel jealous. We understand."

Crane states parents who feel this way are usually new moms or parents who don't spend much time with their children. She says mothers should face their feelings and then share those feelings, and that the role of the caregiver is not to compete with parents, but to make their lives easier. The article conclude with simple ways caregivers can combat these negative feelings. To view the complete article, visit <<http://www.carolinaparent.com/CP/Communicating-Caregiver-Jealousy/>>



4



Sight Words Starting With
The Letter H:
He, Him, Has, Have, how

English: Four
Spanish: Cuatro (Kwatro)
French: Quatre (Katre)
Chinese: Si (Suh)

SOURCE: <http://www.suggestkeyword.com/BGV0dGVyIGho/>

Image SOURCE: <http://www.eurekakids.net/g/313H/letra-de-madera-h-animales.jpg>

Activity of the Month



Bonding with your baby is one of the most important things as a parent. Many parents love to sing to their baby, give baby massages, and read to baby. Here are a couple of activities that you can do in the comfort of your own home.

One activity that you can do with your child is baby yoga. This mom and baby combination will assist with proper carrying/handling of the baby, stretching, toning, and core strength.

Triangle Yoga in Chapel Hill and Patanjali's Place in Durham are two locations in the area where classes are taught and where you can meet other parents. Parental websites such as FitPregnancy.com also teaches you certain techniques that you can do at home.

Source:
<http://www.fitpregnancy.com/exercise/postnatal-workouts/yoga-buddies> Source:
<http://www.babysignlanguage.com/dictionary/first-signs/>

Image Source:
<http://cdn.sheknows.com/articles/2013/06/mom-bonding-with-baby.jpg>



Parents Place



Question: How can I build a Family Library?
It doesn't have to be elaborate or expensive.

Time and space is all you need to provide a rich literacy based environment. Below are some questions that may occur when setting up a home library.

Where is the best place to set-up the library?
A corner of a room with a bookshelf, comfortable furniture, and adequate lighting is all that is really needed.

How large should the library be?
Don't focus on the number of books, but variety instead. Be sure to keep in mind the special interests and preferences of each family member.

How should the collection be displayed?
The display should be set-up in a manner in which it invites the family to dig in! The use of sturdy bookcases, built-in shelves and

open magazine racks are excellent ways to display reading materials. Different colored crates are an alternative as well. For younger readers, be sure to put the reading materials on the lowest shelves.

What kinds of reading materials should I include?
There are many options to choose from. For example you can use paperback and hardcover books, a dictionary, an atlas, song books and magazines for kids and parents, newspapers and mail-order catalogs. When selecting materials, be sure to keep the ages and interests of family members in mind. Get suggestions from your family and make sure that there is something for everyone at every reading level.

A Shelf of One's Own.
Children love to have their own keepsakes. They may want a separate place from the family library to store their favorite books or the ones that have a special meaning or value to them.

Suggested Books and DVD Titles:

Fifteen Must-Have Books for Your

Child's Home Library!...

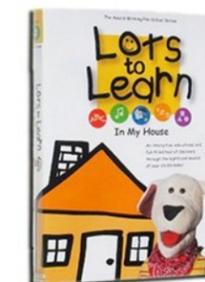
- Tales of Peter Rabbit*, by Beatrix Potter
- Jamberry*, by Bruce Deegan.
- No David!*, by David Shannon
- What Do People Do All Day?*, by Richard Scarry
- Brown Bear, Brown Bear, What Do You See?*, by Bill Martin Jr. & Eric Carle
- Corduroy*, by Don Freeman
- The Napping House*, by Audrey Wood
- Goodnight Moon*, by Margaret Wise Brown
- A Kiss for Little Bear*, by Else Holmelund Minarik
- Are You My Mother?*, by P.D. Eastman
- Hand, Hand, Fingers, Thumb*, by Al Perkins
- The Little Engine That Could*, by Watty Piper



DVD

Lots to Learn. In My House

"In My House" offers your child an interactive journey through the rooms and objects found at home, all the while educating them on the alphabet, shapes, colors, sounds, matching games, exercise and much more. As always, Lots To Learn videos contain fun, toe-tapping original music.



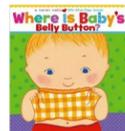
- Frog & Toad series*, by Arnold Lobel
- Blueberries for Sal*, by Robert M. McCloskey

SOURCE: Durham County Library Catalog

Read and Watch

Book

Where is Baby's Belly Button?
By Karen Katz



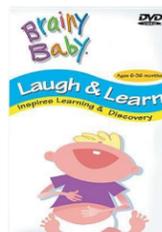
In this lovely beginners' board book, Ms. Katz plays the classic game of "peek a boo!" Each page provides colorful drawings of different babies and

some of the baby's body parts are hidden. Through each page, the book asks the question, "Where are baby's ...?" and the answer is found under the flap as you lift it. This is also a helpful tool to read as your child gets older to teach them all about the parts of the body and its location.

SOURCE: Durham County Library Catalog

DVD

Brainy Baby. Laugh and Learn



This installment of the Brainy Baby DVD series can be viewed by children as early as 6 months. It begins with teaching baby about facial expressions, colors, shapes, sizes, and numbers. The animations in this series will capture your little one's attention and you may catch them smiling and enjoying the different tools that this video has to offer.