ADULT PROGRAMS Jan.–Mar.

BOOK CLUBS

East Regional

**40+ DURHAM COUNTY LIBRARY BOOK CLUB**

Tuesdays, Jan. 9; Feb. 13; Mar. 13, 7 p.m.

Join this mature, lively discussion about the chosen book of the month. New members welcome.

**North Regional**

**MYSTERY BOOK CLUB**

Mondays, Jan. 8; Feb. 12; Mar. 12, 7 p.m.

Love a good mystery? Join North Regional’s Mystery Book Club. We will discuss *The Magpie Murder* by Anthony Horowitz in January, *The Late Show* by Michael Connelly in February, and *Jar City* by Arnaldur Indriðason in March.

**TESTERS & TASTERS COOKBOOK CLUB**

Wednesdays, Jan. 17; Feb. 21; Mar. 21, 12:30 – 2 p.m.

Meet, greet, and eat with your neighbors as we share our dishes and talk about recipes!

**NORTH BOOK CLUB**

Wednesdays, Jan. 24; Feb. 28; Mar. 28, 10 a.m.

All fiction lovers welcome! We will discuss *Kindred* by Octavia Butler in January, *A Piece of the World* by Christina Baker Kline in February, and *The Gentleman from Moscow* by Amor Towles in March.

**AFRICAN-AMERICAN AUTHORS BOOK CLUB**

Thursdays, Jan. 25; Feb. 22; Mar. 22, 6 – 8 p.m.

Join us at North Regional one Thursday each month for our African-American Authors Book Club. In January, we will read *The Ultimate Betrayal* by Kimberla Lawson Roby; in February, we will dive into *Destiny* by T.D. Jakes; and in March, we will explore *The Turner House* by Angela Flournoy.

South Regional

**ANYTIME BOOK CLUB**

Read our monthly book selection, then discuss it online with others—anytime, anywhere—at http://anytimebookclub.freeforums.net/. We will read *Kitchens of the Great Midwest* by J. Ryan Stradal in January, *The Heart Goes Last* by Margaret Atwood in February, and *Belgravia* by Julian Fellowes in March. Discussion guides will be provided for each book.

**Southwest Regional**

**ROMANCE LOVERS BOOK CLUB**

Thursdays, Jan. 4; Feb. 1; Mar. 1, 7 p.m.

Come talk about your favorite books, fellow fans of romance novels! For a list of our upcoming books, check out our Meetup page at meetup.com/romance-lovers-book-club.

**SUB-GENRE-O-RAMA BOOK CLUB**

Thursdays, Jan. 11; Feb. 8; Mar. 8, 7 p.m.

Adventurous readers, unite! The Sub-Genre-O-Rama Book Club tackles books that fit niche readerships or cross genre lines in interesting or unexpected ways. Visit us at meetup.com/sub-genre-o-rama-book-club for more info! January will be *What It Means When a Man Falls from the Sky* by Leslie Nneka Arimah; February will be *Solaris* by Stanislaw Lem; and March will be *Warlock Holmes: A Study in Brimstone* by G.S. Denning.

**AFRICAN WRITERS BOOK CLUB**

Tuesdays, Jan. 16; Feb. 20; Mar. 20, 2 p.m.

January will be *Behold the Dreamers* by Imbolo Mbue; February will be *Cathedral of the Wild* by Boyd Varty; and March will be *Dreams in a Time of War* by Ngugi wa Thiong’o.

**GRAPHIC BOOK CLUB**

Saturdays, Jan. 27; Feb. 24; Mar. 24, 2 p.m.

Are you a fan of comic books or graphic novels? Join us at the Graphic Book Club and meet your fellow enthusiasts. Check the library’s events calendar online for springboard questions and reading topics, or join us online at meetup.com/graphic-book-club.

* Registration is required.
Bragtown is Community
Friday, Jan. 12, 11 a.m. – 12:30 p.m.
Meet members of the newly formed Bragtown Community Association and find out the latest in community news and neighborhood improvements.

Your Story, Your Way: Meet the Author
Friday, Feb. 9, 12 noon – 1:30 p.m.
Meet local author Esther High as she discusses the book she co-authored with her siblings, highlighting the history of her hometown church.

Let’s Get Crafty!
Friday, Mar. 9, 11 a.m. – 12:30 p.m.
Join in the fun as we make a springtime craft that’s sure to put a spring in your step!

Community Day
Friday, Mar. 23, 2:30 - 4:30 p.m.
Come out and celebrate the arrival of spring. Call (919) 560-0210 for more information.

One and Only Over 50 Crowd
Tuesdays, 10 a.m.
Join the One and Only Over 50 Crowd for friendly gatherings, lively conversation, great friends, and food.

Yoga for Beginners
Saturdays, Jan. 13, 27; Feb. 10, 24; Mar. 10, 24, 10 a.m.
Introduction to Vinyasa Yoga, led by instructor Victoria Smith. Learn about breath and simple postures for stress relief, a relaxed body, and a great start to your day. Please bring your own mat.

Stock Talk
Mondays, Jan. 22; Feb. 26; Mar. 26, 6:30 p.m.
Stock Talk is an informal monthly gathering of personal investors who share their tips, experiences, and skills. All levels of investor are welcome, from beginner to Wall Street maven.

Morning Yoga for Wellness
Saturdays, Jan. 6; Jan. 20 – Mar. 24, 10 – 11:30 a.m.
Each class offers a well-rounded sequence of yoga stretches and breathing exercises at an easy pace, aimed at helping you maintain your optimum health. The library will provide 12 yoga mats and props, but feel free to bring your own. For maximum benefit, please do not eat one hour prior to the class. This is a gentle yoga class that especially welcomes older students.

Adults Coffee, Tea, & Coloring
Mondays, Jan. 8; Feb. 12; Mar. 12, 6 – 7 p.m.
Adults are invited to drop in for coffee, tea, and coloring. Basic coloring pages and colored pencils will be provided, along with light refreshments and music. You are welcome to bring your own coloring materials.

Heartfulness Meditation
Mondays, Jan. 8 – Mar. 26, 7 - 8 p.m.
A certified meditation instructor will facilitate practical relaxation techniques and guided meditation.

Lunchtime Tales: Storytime for Adults
Wednesdays, Jan. 10; Feb. 14; Mar. 14, 12 noon – 1 p.m.
Take a break from your busy day and listen to one great story read aloud. Bring a bag lunch or your knitting, if you wish. The story will begin at 12:05 p.m. and end before 1 p.m.

*Make Your Own Crafts
Thursdays, Jan. 11; Feb. 8; Mar. 8, 6:30 - 8 p.m.
Materials provided to make art journals in January, Valentines in February, and wind chimes in March.

*Soul Line Dancing
Tuesdays, Jan. 16 – Mar. 27, 7 – 8 p.m.
Line dance for fun and fitness with instructor Malinda Evans of Party of One, Inc. Music will include R&B, pop, and reggae. Please bring water and a towel, be sure to wear sneakers or dance shoes, and dress in loose clothing.

Financial Literacy for All
Thursdays, Jan. 18 – Mar. 8, 6:30 – 8 p.m.
Take charge of your financial wellbeing in this new year! Join us for any or all of these programs on what you need to know to set the best financial goals for yourself. Topics include setting financial goals, budgeting, understanding debt, understanding credit reports, student loans, saving money, retirement, and protecting yourself from identity theft. These classes are presented by Consumer Education Services Inc. (CESI).

*Crafty NC!
Saturdays, Jan. 20; Feb. 10; Mar. 24, 2 – 4 p.m.
Ever wanted to try your hand at a new art or craft? Get crafty Saturday afternoons this winter at North Regional. These are hands-on workshops where attendees will leave with a completed creation, new skills, and loads of ideas. In January, class will be a spa-fest, where we will make lotions and scrubs; in February, we’ll be learning the funky papercraft of quilling; and in March, we’ll be trying glass etching.

*Murder at the Luau Party
Sunday, Feb. 18, 2:30 – 4:30 p.m.
It’s expected to be the party of the season. Hollywood elite, glitterati, A-listers . . . and you! But rumors are flying about an unsavory element with plans to crash the bash. Will it be a luau to remember, or a party to die for? Partygoers will mix, mingle, search for clues, and solve a mystery – all while staying in character and trying not to get stabbed in the back!

* Registration is required.
**HOW TO START A NONPROFIT**
*Monday, Jan. 29, 6:30 – 8:30 p.m.*
This seminar provides information including, but not limited to, getting ready to start a nonprofit, feasibility of idea, business planning, business modeling, governmental requirements, and available resources. This session is the perfect place to bring all your nonprofit startup questions. Taught by LaShon Harley of Durham Tech’s Small Business Center.

**BUY HEALTHY PLANTS AND PLANT THEM WELL**
*Sunday, Mar. 11, 3 p.m.*
Chris Apple, Durham County Extension Master Gardener, will discuss plant sources, how to evaluate a plant, and how to correctly plant and establish a tree, shrub, groundcover, or perennial.

**WRITING YOUR BUSINESS PLAN**
*Monday, Mar. 12, 6:30 – 8:30 p.m.*
Need a road map to help start your business? Planning to expand your business? Need to get funding? Your business plan can be the answer to all these questions. Come learn how to transform your idea into a document detailing the key components of your plan and explaining how to organize and implement the plan. Taught by LaShon Harley of Durham Tech’s Small Business Center.

**A GATHERING OF WOMEN: THE WONDER YEARS**
*Session 1: Saturday, Mar. 24, 3 – 5 p.m.*
This 6-session workshop, facilitated by Beverly A. El-Amin, is for mature women 50 and up. Learn and develop skills to manage transition and challenging times—illness, career adjustments, caring for aging parents, divorce, and more.

**TAI CHI**
*Satudays, Mar. 24 – 31, 10 a.m.*
Tai Chi helps develop balance, flexibility, and strength by enhancing the flow of Qi in the body. It improves digestion, relieves stress, and promotes deep relaxation. The basic elements of Tai Chi are easy to learn and can be practiced by anyone, anywhere, no matter what their fitness level.

**INTRODUCTION TO MARKETING**
*Monday, Mar. 26, 6:30 – 8:30 p.m.*
Who are your customers? How will potential customers find your product? How should you price your product? Learn the basics of marketing (product, pricing, placement, and promotion) along with an overview on customer development and marketing strategies. This session is the perfect place to bring all your nonprofit startup questions. Taught by LaShon Harley of Durham Tech’s Small Business Center.

**ADULT ZEN GARDEN**
*Monday, Mar. 26, 7 p.m.*
Come join us in creating your own Zen garden! Zen gardens are designed to help stimulate meditation and peace. All materials will be supplied!

**FAMILY YOGA**
*Mondays, 1:30 p.m.*
This yoga class welcomes all bodies and all levels of experience. We designed this time to practice yoga together in an accepting and non-judgmental atmosphere. Mats will not be provided. Please bring your own mat if you have one. Children are welcome.

**KNITTING AND OTHER NEEDLE ARTS**
*Tuesdays, 7 p.m.*
Join our needle arts group. Bring your cross-stitch, knitting, crochet, or embroidery, meet your neighbors, and show off your craft.

**SCORE**
*Tuesdays, Jan. 2, 16; Feb. 6, 20; Mar. 6, 20, 1:30 p.m.*
Need help starting your business? SCORE is a nonprofit association dedicated to helping small businesses get off the ground, grow, and achieve their goals through education and mentorship. Schedule your session by calling 919-240-7765. If you are unable to attend one of the sessions listed above, you can request a meeting at raleigh.score.org.

**SENIOR GAME DAY**
*Wednesdays, 1 p.m.*
Calling all senior citizens! Up for a little friendly competition? Come to Senior Game Day to play some old favorites with fellow game-lovers, and maybe try something new as well – now with Mahjong! Check out our Meetup page at meetup.com/senior-game-day.

**INTRODUCTION TO TAI CHI**
*Saturdays, 9:45 a.m.*
Learn 24 poses of one of three Tai Chi routines. The practice of Tai Chi increases flexibility and balance and promotes peace of mind. Wear loose, non-restrictive clothing. No experience needed.

**DUNGEONS & DRAGONS IN THE LIBRARY**
*Mondays, Jan. 8; Feb. 5; Mar. 5, 6 p.m.*
Delve deep into dark dungeons and face challenges that would make the bravest hero quake with fear—all without leaving the library. Sign up on the library’s online events calendar to reserve your spot at the table, or just show up to watch. Space is reserved for new players and walk-ins are welcome. Registration is not required, but increases your chance to play.

**DUURHAM COUPON SWAP**
*Thursdays, Jan. 18; Feb. 15; Mar. 15, 7 p.m.*
Join in the fun of collective couponing, and learn ways to save even more money on your grocery bill from fellow couponers.

**ARTEMIS: SPACESHIP BRIDGE SIMULATOR**
*Mondays, Jan. 22; Feb. 29; Mar. 19, 6:30 p.m.*
Are you ready to explore the final frontier? Become a crew member of the starship Artemis in this cooperative simulation program, and boldly go where no library patron has gone before. Register online to play; walk-ins also welcome.

*Registration is required.*
Want to use computers, but not sure how to get started? Join us for this introductory class on everything from using the mouse, keyboarding basics, and more.

**One–on–One Computer Classes** *(By Appointment Only)*

- **Stanford L. Warren Branch Library**
  
  If you are interested in learning **basic computer skills**, then Stanford L. Warren’s one-on-one classes are for you. Classes are one hour. Please contact Michelle at (919) 560-7337 for an appointment. You may bring your own laptop for class! Come with your questions and concerns.

**Five–Week Computer Class Series**

- **Bragtown**
  
  A series of classes that covers computer basics, navigating the Internet, email basics, digital literacy skills, and Microsoft Word basics.

**Three–Week Computer Class**

- **Bragtown**
  
  This series uses low-pressure assessments as a guide for reviewing basic computer skills, including Internet and email basics. Participants should have some computer experience and be comfortable using computers.

**INTERNET BASICS**

**Internet Basics**

- **Bragtown**
  
  This class is for new computer users who would like to learn how to navigate the Internet. Learn how to open a web browser, visit websites, and search the Web using a search engine. If you are still uncomfortable using a mouse, please take Computer Basics first.

**Email Basics**

- **Bragtown**
  
  Set up an email account (Google’s Gmail or Yahoo Mail) and learn how to log in, compose, and send emails, attach files, and more. If you do not have experience using the Internet, please attend Internet Basics first.

**Internet Basics II**

- **Bragtown**
  
  Focus on digital literacy skills and learn how to find and evaluate information using the Internet and specialized library resources.

**SOCIAL MEDIA**

**Facebook and Pinterest Basics**

- **Bragtown**
  
  Gain hands-on experience setting up a personal account, learn about safety and privacy issues, and explore popular features to help you connect with family and friends. New to the Internet? Please take Internet Basics first.

**MICROSOFT OFFICE**

**Microsoft Word Basics**

- **East Regional**
  
  Learn the basics of Microsoft Word, from creating and saving documents to basic formatting.

**MICROSOFT POWERPOINT BASICS**

**Smartphones for Seniors Basic Class**

- **South Regional**
  
  New to smartphones? Perhaps you received a mobile device for the holidays? Join us as we walk you through the basics of turning your mobile device on/off, changing the settings, and initial setup.

**Appy Hour**

- **South Regional**
  
  Learn and discuss your favorite apps for your Apple, Android, or tablet. We will learn how to download e-books, coupons, music, and movies.

**Digital Lab**

- **South Regional**
  
  Do you have a question about downloading a book, movie, or music? Drop in to the digital lab to ask your question. Bring your own device.

**Canva Basics and Beyond**

- **North Regional**
  
  Have you met Canva, the fun, free, easy-to-use, online tool for graphic design? If not, we’ll get you started. You’ll be making professional-looking cards, flyers, and more before you know it! If you’re already familiar with Canva, we can help you with tips, tricks, and shortcuts to take you further. Special focus for these sessions: All About Color!

**Blogging for Beginners**

- **South Regional**
  
  Are you interested in creating a blog? Join us as we build a blog using WordPress.

**Smartphone Basics**

- **Bragtown**
  
  Learn how to use your smartphone more effectively through this guided exploration of your personal phone. This class will focus on managing applications on your phone; essential smartphone vocabulary; your cell phone’s camera; managing text and email on your phone; accessing the Internet from your phone; and a Q&A session. You must have your own smartphone.